



PSYCHOLOGICAL AND FUNDAMENTAL PRINCIPLES OF SURKHAN MUSIC AND NATIONAL VALUES

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Abstract: This article analyzes the rich musical heritage of the Surkhan oasis and its psychological significance in the formation of national values. Through the rhythmic structure, performance styles, and ritual melodies of Surkhan music, the main psychological principles that influence the formation of spiritual stability, social cohesion, and aesthetic taste in the minds of generations are highlighted.

Keywords: Surkhan music, National values, Psychological principles, Cultural heritage, Cultural heritage, Folk music, Spiritual and spiritual education, Regional musical characteristics.

Introduction

Music is one of the most significant components of national culture and values in any society. In particular, local musical heritage such as Surkhan music not only provides aesthetic pleasure but also plays an essential role in shaping individuals' emotional and spiritual states, identity formation, social cohesion, and moral consciousness. From a psychological perspective, processes such as listening to and performing music are closely connected with a person's emotions, cognition, behavior, and sense of identity. Therefore, music can serve as an important instrument for preserving national values and transmitting them to future generations.

During the years of independence, special attention has been paid by the state to the development of culture and the arts, the establishment of modern cultural institutions based on advanced international experience, the strengthening of their material and technical base, and the comprehensive support of creative intellectuals. Large-scale efforts have been implemented to enhance the cultural level of the population, especially young people; to familiarize them with the best examples of national and universal culture; to educate spiritually mature and well-rounded individuals; and to reveal the talents and potential of gifted youth. This was particularly emphasized in the Resolution of the President of the Republic of Uzbekistan, Sh.M. Mirziyoyev, dated May 31, 2017, "On Measures for the Further Development and Improvement of Culture and Art."



In the context of globalization, cultural exchange, and the increasing influence of external factors, analyzing the psychological foundations of Surkhan music and the national values associated with it is of great importance. Such analysis contributes to strengthening national identity among youth, preserving collective solidarity, aesthetic taste, and moral norms. Thus, this topic transcends the boundaries of musicology and cultural studies, intersecting with psychology, sociology, and pedagogy.

Psychological Roots of Regional Music Historically, the population of the Surkhan oasis has been characterized as courageous, open-hearted, emotionally expressive, and inclined toward collectivism. These traits are reflected in their music through strong emotional expression, powerful vocal performance, and sharp rhythmic patterns.

Psychological Principles: Why Do Music and Values Unite?

Music serves as a powerful regulator of emotional states. It influences an individual's mental condition, feelings, stress level, and psychological stability.

Psychological Principle: *Music is the emotional reflection of a nation's character.*

Surkhan music is most often performed at ceremonies, celebrations, and public gatherings. Such contexts strengthen social closeness, mutual understanding, and a shared emotional state among participants.

Psychological Principle: *Music reinforces social solidarity.*

Psychology of Rhythm and Movement

In Surkhan melodies, fast, energetic, and dance-oriented rhythms predominate. These rhythms stimulate psychological activation, vitality, and inner energy in individuals.

Psychological Principle: *Rhythm functions as a regulator of psychological activity.*

Oral Tradition and the Mechanism of Memory

Surkhan music is primarily transmitted through oral creativity and the master-apprentice tradition from generation to generation. This process develops auditory memory, musical imagination, and a sense of national identity.

Psychological Principle: *Music serves as a medium for preserving collective memory.*

The Psychological Impact of Ritual Music

In the Surkhan region, weddings, circumcision ceremonies, and public festivals are rarely held without specific melodies and songs. Such music enhances joy, reduces stress, and reinforces positive emotions.



Psychological Principle: *Music ensures emotional balance.*

National Values and Moral Education

Surkhan songs reflect ideas such as patriotism, diligence, respect for elders, and devotion to family. These themes contribute to the formation of moral norms, national pride, and social responsibility in the psychology of the younger generation.

Psychological Principle: *Music is a psychological instrument of educational influence.*

Overall, Surkhan music can be regarded as a mirror of the people's spiritual world, a carrier of national values, and a cultural factor ensuring psychological stability.

The Influence of Cultural and Culture-Specific Constructs

The processes of music perception and reproduction are closely connected with the cultural context of the listener or performer—that is, with the musical traditions, values, and cultural preparation formed within a particular environment.

Personal and Social Identification

Music can serve as a means for individuals to recognize their identity and national characteristics, as well as to perceive and reinforce the boundaries between “self” and “other.” Through social musical activities, musical interests, and identification processes, an emotional and cultural connection is formed between the individual and society.

Aesthetic and Educational Functions

Music provides aesthetic artistic experience, which contributes to the development of worldview, taste, and spiritual sensitivity. At the same time, music transmits moral and ethical values and fulfills an important educational function.

Cultural Heritage and the Principle of Continuity

Traditional musical heritage, such as Surkhan music, is closely linked with national history, customs, and values. By preserving and continuing this heritage, it is possible to maintain national identity, cultural traces, and spiritual roots among the younger generation. This process is grounded in the principles of psychological identification and social connectedness.

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