



THE ROLE AND IMPORTANCE OF YOUTH ACTIVISM IN SHAPING A LEGAL AND DEMOCRATIC SOCIETY

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Abstract: This article analyzes the role and significance of youth activism in the formation of a legal and democratic society. It highlights the theoretical and legal foundations of young people's participation in socio-political processes, the development of their legal awareness, civic responsibility, and initiative. The study also examines the impact of youth engagement on the stability of democratic institutions, identifies existing challenges, and proposes relevant solutions.

Keywords: society, civil society, youth activism, spirituality, legal culture, education, family, globalization.

In the context of contemporary socio-political transformation, the active involvement of youth has become one of the key determinants in shaping a legal and democratic society. Youth activism serves not only as a driving force for democratic development but also as a vital mechanism for strengthening civic engagement, promoting legal culture, and ensuring social stability. As the most dynamic and innovative segment of society, young people play a crucial role in supporting democratic values, participating in decision-making processes, and contributing to the establishment of transparent and accountable governance.

The significance of youth participation is increasingly recognized in global discourse, where the creation of favorable legal conditions for youth engagement is viewed as an essential factor in building sustainable democratic institutions. In developing societies, including those undergoing reforms, empowering young people to exercise their rights, express their civic positions, and initiate social change is especially important.

Youth activism is one of the essential indicators of societal development, requiring the active participation of the younger generation in social, political, cultural, and economic processes. In the context of globalization, digital technologies, and the rapidly changing information environment, the worldview, social position, and civic responsibility of young people are acquiring new qualitative dimensions. The growing trust and attention directed toward youth in building a democratic society further strengthen their social engagement.

The essence of youth activism is, first of all, determined by the role of young people within various social institutions - educational establishments, non-governmental organizations, public associations, and political institutions. The





initiatives taken by youth, their participation in community affairs, articulation of civic positions, and contribution to social development are among the decisive factors that ensure the successful progress of democratic processes.

In contemporary conditions, youth activism manifests itself through several indicators: the growth of volunteer movements, rising interest in start-ups and innovative projects, the enhancement of political culture, active civic expression on social media, and participation in environmental and social initiatives. These dynamics significantly influence not only the personal development of young individuals but also the stable advancement of society as a whole.

Moreover, state policy plays a crucial role in promoting youth activism. Government programs related to youth, grants and scholarships, initiatives that support entrepreneurship, expanded educational opportunities, and the formation of youth parliaments, councils, and other social platforms all contribute to strengthening youth engagement.

Thus, youth activism is a vital measure of a society's intellectual potential, innovative capacity, and democratic development. Enhancing the socio-legal engagement of young people, fostering independent thinking, empowering their initiatives, and cultivating a responsible civic stance are essential conditions for ensuring the sustainable development of a democratic society.

We all know that in order to prevent any disease in the human body, first of all, immunity is developed against it. For our children to be brought up in the spirit of love for the Motherland, our rich history, devotion to the sacred religion of our ancestors, we must first of all strengthen the ideological immunity in their hearts and minds. So that our youth become people who deeply understand their national identity, as well as the world, and keep up with the times. Then even the "call" of ignorant fanatics will not be able to influence and influence ideas that are completely alien to us and reject the concept of morality.

The dramatic socio-political and ideological processes taking place in the world today once again confirm the accuracy of the prediction of French philosophers almost three centuries ago that "the world is now ruled by ideas". In the modern world, ideological aggression is increasing, aimed at capturing the human mind and heart[1].

If every citizen of our country, especially the younger generation, does not have their own independent opinion, time-tested national values, sound worldview and strong will, it will be very difficult to resist all kinds of spiritual threats, sometimes explicit and hidden.





A person who has adopted Eastern morality and universal human ideas is a person of high spirituality, that is, a spiritually mature, perfect person. Spiritual perfection is characterized by a direct connection with a person's worldview, his beliefs, psyche, norms of behavior, morality. Spiritually mature people think about the fate and well-being of the people, about the fate of the Motherland and its development. They don't want to live in dumbness, depending.

When we say "healthy", we must understand not only our physically strong children, but also a spiritually rich generation, mentally developed, morally pure, enlightened children, a generation. Such people should embody the values and ideas of the most cherished qualities of our people - faith and honesty, kindness, compassion and mercy, shame and modesty, honor, mutual respect, high patriotism, humanity, loyalty to the people and nation.

The process of human maturation is complex, it is influenced by the program in hereditary units (eternal destiny), personal will and external natural and social environment, as well as purposeful educational processes [2].

National pride with boundless respect and reverence refers to all material and spiritual wealth, historical heritage, customs, traditions, morality, way of life, high spirituality, all the historical achievements and lessons of its people, created over thousands of years. Preservation and pride in them. Healthy national pride also requires respect for people of other nationalities.

The ideal person is ideal for us. He possessed all worldly and divine knowledge, his soul was full of absolute spirit, his grace was abundant, and his heart was full of good feelings. An ideal person is one who embodies all the virtues and dignity that people dream of.

Linking the above with our current independent life, lifestyle, aspirations of people, especially young people, we can conclude that the following qualities and attributes are included in the traits of an ideal person:

The formation of a legal state and civil society does not mean that all social problems are easily eliminated. It provides for the creation of such a legal system, within the framework of which there is always the contradictions that arise are due to the high legal consciousness of citizens, while the proportionality of the interests of all social strata is maintained and it is solved in a moderate way on the basis of its culture and activity. In a democratic society, the means of self-realization, legal mobility of citizens is socio-legal activity in a positive sense. The culture of social activity is an integral part of the general culture of the individual. Interests are the basis for determining the specific purpose of the activity. For a



person or a social group, the entire process of activity can take place in one way or another. The intensity of activity is determined by the activity indicator.

Youth activism plays a decisive role in the establishment and consolidation of a legal and democratic society. As a socially active and progressive group, young people contribute to the development of democratic institutions through their participation in civic initiatives, public governance, and socio-political processes. Strengthening their legal awareness, civic responsibility, and social engagement is essential for ensuring transparency, accountability, and the long-term sustainability of democratic reforms.

The study demonstrates that creating favorable legal, educational, and institutional conditions for youth participation significantly enhances their ability to influence positive social change. At the same time, persistent challenges - such as limited access to decision-making, insufficient legal knowledge, and socio-economic barriers - necessitate comprehensive strategies aimed at empowering youth and expanding their opportunities.

Overall, the effective integration of youth into democratic development processes is not only a strategic priority but also a prerequisite for building a robust civil society. Ensuring their meaningful participation will continue to serve as a key factor in fostering democratic values, advancing social progress, and shaping a just and lawful society.

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