



## KEY FACTORS FOR ENSURING INFORMATION SECURITY AMONG YOUNG PEOPLE

**Bakhrieva Nargiza Akhmadovna**

Associate professor of the department of pedagogy  
and psychology of the institute of TMC

e-mail: nabaxriyeva@gmail.com

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**Abstract.** In today's era of globalization and rapid development of digital technologies, the information space has become an integral part of human life. Especially since young people are actively using the Internet and social networks, they are increasingly exposed to various information threats. Therefore, ensuring information security among young people is one of the most pressing issues of today. This article analyzes the need for information security in the modern era of globalization, the issues of forming a healthy attitude to this, in addition, interprets the modern foundations of ensuring national security in the field of information.

**Key words:** information, information security, healthy competition, information psychological security, national spirituality.

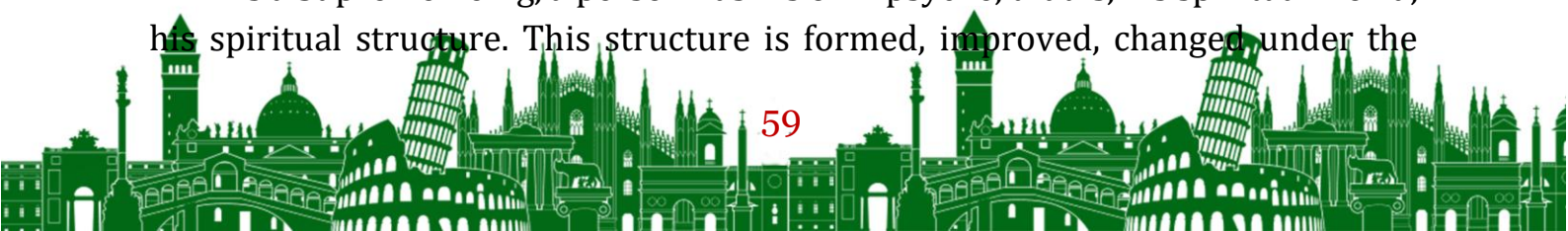
Information is an important factor in socio-economic and cultural development. Therefore, it has become a powerful tool that influences human thought in various directions, turning the life and fate of humanity in one direction or another, sometimes positively and sometimes negatively.

The increasing role of information resources and technologies in the development of the individual, society, and the state in the 21st century, along with the solution of the issue of building a civil society in our country as an information society, determines the leading role of information security in the system of ensuring national security.

In today's digital age, young people are widely using the internet, social media, and various information sources. This not only expands their knowledge, but also increases their exposure to various risks, misinformation, harmful content, internet addiction, cyberbullying, cybercrime, and manipulation. Therefore, ensuring information security among young people has become one of the most important tasks of modern society.

Information security is the process of ensuring that an individual uses information safely, consciously, and purposefully, and protecting it from harmful, false, or negative information.

As a Supreme Being, a person has his own psyche, that is, his spiritual world, his spiritual structure. This structure is formed, improved, changed under the





influence of many factors. In particular, the formation of a person's worldview is a very complex process, in which factors such as family, social environment, and education play an important role. That is, from the fact that the child is brought up in a family environment, organizes his free time after school activities, is with friends, participates in various activities, is educated in various special schools, participates in sports circles – all this is relevant in him as factors of worldview formation.

Therefore, education and family control are another key factor, and parents should monitor their children's internet use and provide them with the right guidance. Creating a healthy information environment in the family and constantly communicating with children will prevent negative information from entering their minds.

In addition, belonging to a certain religion, the desire to fulfill its certain arcons, the calling of parents and other close people to it, the attitude of these people to a certain religion also leaves a certain imprint on the forming human mind, plays a role in the formation of its worldview.

In this regard, in an era when it is of paramount importance to instill in young people an uncompromising attitude and spirit against foreign ideas, it is also necessary to provide them with the necessary knowledge on information security and to instill in them a healthy attitude in this regard. Improving digital literacy is an important factor in ensuring information security. Young people need to be able to use the Internet correctly, distinguish between reliable and unreliable sources, and identify false information. If digital literacy is not sufficiently developed, young people can fall prey to various manipulative and harmful information. Especially life examples, the absorption of broad knowledge and concepts about the fundamental positive changes that are taking place in the economic, social and spiritual life of our country, have become a requirement of the Times.

Based on the above-mentioned valid arguments, it is necessary to form the psychology of young people; to achieve the formation of young people's ideas about foreign ideas, especially information in the intense information flow, their quality, and validity. Because the penetration of information into the minds of society, organizations, families, and individuals is not very noticeable. The human mind is developed to distinguish between positive and negative information, to absorb good information and reject harmful information, and the person himself must be strong-willed. This requires extensive knowledge and thinking, and a worldview from professionals working in this field.





It is necessary to use effective methods of forming principles of information psychological security in the population, taking into account their social characteristics, especially factors such as the level of education, age, and occupation of young people. In particular, the analytical approach to foreign media materials, the absorption of the features of uncompromising in relation to negatively trending materials in them into the minds of young people, various information flows that can negatively affect the Universal, philosophical, religious, legal, political, sociological, socio-economic, spiritual and psychological aspects of national ideology, the formation and strengthening of customs, traditions and intellectual values.

The role of the educational system in ensuring information security in young people is also extremely large. In schools and higher education institutions, knowledge related to Information Security, media Culture and critical thinking should be given. This develops young people's independent thinking and ensures the formation of immunity to various information attacks.

In addition, psychological stability and a conscious attitude towards information. Young people should learn to critically analyze any information and draw conclusions without being influenced by emotions. This will help protect them from various foreign ideas, propaganda of violence, or false information.

In conclusion, ensuring information security among young people is a multifaceted process that requires the active participation of the family, the education system, the state, and society. Only through a comprehensive approach can we protect young people from harmful information and educate them in a healthy information environment.

Education of national spirituality in youth forms the basis of Information Security. And the upbringing of national spirituality begins with the study of the heritage of our ancestors, national values, national traditions. The history of our ancestors testifies that the pinnacle of spirituality can only be achieved by respecting the spirituality of the peoples of the world, studying the necessary aspects, and creatively developing them. We need a serious analysis to determine which of the ideas that are influencing us or that we are trying to influence should be accepted and which should be rejected. There are ideas that come knocking on our door with an open face. There are ideas that come like thieves through the hole at night.

As each individ forms as a person, it is formed not only under the influence of social relations during the period in which he lives, but also under the influence of historical experiences, cultural heritage created, accumulated and passed down





from generation to generation by ancestors, national values. Customs and traditions, which are one of the legacies of our ancestors, reflect aspects such as the people's way of life, living conditions, economic characteristics, economic opportunities, and spiritual world. National culture, traditions and customs, and a sense of patriotism form the basis for building social immunity to the influence of foreign ideas. Good ideas that knock on the door serve to enrich and develop national spirituality.

Implementing measures to ensure information security among young people is currently one of the most pressing issues. With the rapid introduction of digital technologies into our lives, ensuring their security and reliability in the fields of information and communication technologies is of paramount importance. By increasing the vigilance of young people studying in the modern educational system today, forming a culture of the use of digital technologies and promoting it, it is necessary to constantly inform young people about the formation of skills to protect themselves from cyber attacks and their online activities through the media.

In short, in the conditions of today's rapid information flow, it is necessary that young people, being able to obtain all the information they are interested in from information systems, take an analytical look at the materials of various foreign media that are transmitted, especially in connection with the economic and political life of our country, measure them on the scales of mind, understand In controlling the fair functioning of this scale, of course, it is necessary to decide on national spirituality and educate it.

Youth is the future of society. Protecting their minds from harmful information and teaching them to use accurate and reliable information is an urgent task of today. Ensuring information security is a common responsibility of every parent and member of society, not just the state or the education system.

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