



EFFECTIVENESS OF MEDICAL INNOVATIVE TECHNOLOGIES IN ENDOCRINOLOGY

O'ktamova Nozila Bostonovna

Alfraganus University Faculty of Medicine
2nd year student of the Department of Medicine
nozilaoktamova06@gmail.com
+998992362644

Kuliyev Ozod Abdurakhmonovich

Alfraganus University Faculty of Medicine
Doctor of Medical Sciences, DSc
KuliyevOzodjon@gmail.com
<https://orcid.org/0009-0009-0464-1327>
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Relevance of the scientific work: Disturbances in the functions of glands are reflected to a certain extent in the functioning and condition of the entire organism. The glands of the human body constantly produce hormones. They affect the chemical processes occurring in cells. When the functioning of the glands is disrupted, serious problems arise in human health, in such a situation, a consultation with an endocrinologist is necessary. Endocrine diseases, including diabetes mellitus, hypothyroidism, hyperthyroidism and hormonal disorders, remain one of the important problems in the global healthcare system.

Methods: Early detection of endocrine diseases and the introduction of effective treatment methods are one of the urgent issues of modern medicine. The importance of innovative technologies used in endocrinology, their effectiveness in diagnostic and treatment processes are analyzed. The goal is to analyze the effectiveness of innovative technologies in the field of endocrinology and determine what advantages they have for patients. At the same time, it is necessary to form the endocrinology service as a single integrated system throughout the republic, to review the effectiveness of medical and social measures related to the prevention of diseases associated with iodine deficiency, diabetes mellitus and its consequences.

New approaches are presented based on modern technologies, including artificial intelligence, telemedicine and gene therapy.

Results: The results of the study show that advanced technologies are an effective tool for early detection of endocrine diseases and the development of individual treatment plans.



Result: An experienced specialist from Hayat Medical Center diagnoses the problem, determines the course of treatment and recommends a number of preventive measures. Traditional diagnostic and treatment methods are not effective enough in many cases, which requires the widespread introduction of innovative technologies into medicine. Currently, modern technologies allow you to speed up the diagnostic process, obtain more accurate results and develop individual treatment plans.

1. Innovations in diagnostics

Modern diagnostic methods allow for early detection of endocrine diseases.

Artificial intelligence-based diagnostics: Artificial intelligence technologies are widely used in the detection of endocrine diseases. For example, AI algorithms analyze test results to detect diabetes and thyroid diseases at an early stage.

Genetic tests: Genetic diagnostics play an important role in choosing individual treatment methods. For example, DNA analysis can predict the likelihood of developing diabetes and other endocrine diseases.

Telemedicine and remote diagnostics: Telemedicine allows patients to receive advice and monitoring from home. For example, smart glucometers help patients with diabetes monitor their blood sugar levels in real time.

2. Innovations in treatment The following innovative technologies are widely used in the treatment of endocrine diseases:

Gene therapy: Some hereditary endocrine diseases can be prevented and treated through gene therapy technologies. For example, by stimulating insulin production, the genetic factors of diabetes can be reduced.

Nanotechnology: The precise delivery of drugs to the body increases efficiency. For example, a method has been developed to deliver insulin or hormones directly to the necessary part of the body through nanocapsules.

Robotic surgery: Robotic surgery methods are widely used in endocrine system diseases, especially thyroid surgeries, due to their less invasive and more precise nature.

3. The effectiveness of innovative technologies, the advantages of innovative technologies include:

- More accurate diagnostics;
- Improved patient quality of life;
- Accelerated treatment;
- Access to medical services to a wider audience.

Conclusion:





The introduction of innovative technologies in endocrinology significantly improves the quality of diagnostics and treatment. Artificial intelligence, gene therapy, nanotechnologies and telemedicine play an important role in the effective treatment and prevention of endocrine diseases. In the future, the further development of these technologies is expected to lead to major changes in the field of medicine.

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