

## **ANALYSIS OF PSYCHODIAGNOSTIC TECHNIQUES FOR THE FORMATION OF INTERPERSONAL RELATIONSHIPS.**

**Latipov Farhod Samievich**

O'zbekiston Respublikasi Qurolli Kuchlari STTOM podpolkovnik  
<https://doi.org/10.5281/zenodo.18712235>

Interpersonal Relationships Is The Final Result Of The Researcher's Activities To Determine The Essence Of The Individual Psychological Characteristics Of The Participants In Interpersonal Relationships, Assess Their Current State And Predict Their Further Development. Also, By Explaining The Contradictions Identified In Interpersonal Relationships And Analyzing The Meaning Of The Information Obtained, One Can Determine The Place Of The Interconnected Psychological Characteristics Of The Individual In The Relationship - Abilities, Temperament, Character, Emotional-Volitional Sphere, Motivational Sphere. The Most Important Element Of Psychological Diagnosis Of Interpersonal Relationships Is The Ability To Identify The Causes And Consequences Of The Individual's Behavior Manifested In The Relationship [1.C.116].

According To Researcher Na Aminov, Psychodiagnostics Of Interpersonal Relationships Mainly Includes The Following Three Aspects [2.C.45-69] :

1. The Content Of The Diagnosis - This Answers Questions Such As What Characteristics Or Qualities Of The Participants In The Interpersonal Relationship, Who Should Be Diagnosed, And Why.

2. Psychodiagnostic Situation - External (The Influence Of The Team Or Other External Factors On Interpersonal Relationships) And Internal Motivational.

3. Use Of Diagnostic Data - Who Uses The Results And For What Purposes. Typically, Researchers Use The Results Of Psychodiagnostic Studies To Prove Scientific Hypotheses Put Forward Within The Framework Of The Problem Being Studied.

Psychology, There Are A Number Of Advanced Psychodiagnostic Methods And Training Sessions For The Psychodiagnostic Study Of Interpersonal Relationships. The Category Of Such Methods Includes J. Moreno's "Sociometry" Method, T. Leary's "Interpersonal Diagnostics Of Interpersonal Relationships" Method, An Volkova's "Differential Assessment Scale Of Relationships" Method, Lv Kulikova's "Emotional Profile In Relationships" Method, V. Schutz's "Interpersonal Relationship" Questionnaire, D. Russell And M. Ferguson's "Determination Of The Level Of Subjective Experiences Of Loneliness" Method, D. Amirkhana's "Coping Strategies Indicator" Method, V. Boyko's "Diagnostics Of

The Level Of Empathic Abilities" [4.C.36] . In Addition, Trainings On Topics Such As Lidubrovina's "Communication Is ...", "Developing Positive Interpersonal Relationships", And G. Craig's "Developing Interpersonal Relationships In A Group" Are Recommended. Below, Based On The Above Points, We Will Try To Provide Brief Information About Research Methodologies.

**V. Stefanson 'S "Self-Assessment Of The Individual" Questionnaire** . This " Q -Sorting" Methodology Was Created By The Psychologist V. Stefanson In 1958 And Is Widely Used In Studying The Main Tendencies Of Individual Behavior In Real Groups And His Perceptions Of Himself As A Social Subject. Each Question Contains A Specific Statement (Opinion) About The Individual, And The Test Taker Approves Or Denies The Statements Stated In The Questions, Depending On Whether The Statements Are Characteristic Of His Nature Or Not, That Is, He Writes The Word "Yes" Or "No" Next To The Number Of The Statements Given On The Answer Sheet. It Is Also Possible To Indicate His Answers Using The Signs "+" And "-". The Questionnaire Consists Of 60 Statements In Total.

**G. Shmishek's "Determination Of Character Accentuation" Methodology** . This Test-Questionnaire Is A Modification Of K. Leongard's "Methodology For The Study Of Personality Accentuation" Published By G. Shmishek In 1970 To Determine The Type Of Personality Accentuation. The Methodology Is Designed To Determine The Accentuation Of Character And Temperament. The Test Consists Of 10 Scales. They Perform 88 Questions In The Form Of A List And Assume The Choice Of One Of The Two Options For The Answers " Yes " Or " No " .

**Kntomas's "Study Of Personality Traits" Questionnaire** . American Sociologist Kntomas Developed A Methodology That Allows You To Determine How A Person Most Often Behaves In Various Conflict Situations. With Its Help, You Can Determine The Degree Of Manifestation Of Such Qualities As A Person's Tendency To Cooperate Or Compete, Readiness To Compromise, Avoidance Of Conflicts Or A Desire To Escalate Them. This Methodology Also Allows You To Assess The Level Of Psychological Adaptability Of Each Member Of The Team To Collaborative Activities. With The Help Of This Methodology, The Characteristics Of Interactions In Various Groups Are Studied. Methodological Instructions: Test Subjects Are Invited To Answer 30 Pairs Of Statements.

**A Modified Version Of The Interpersonal Diagnosis Of Interpersonal Relationships (T. Leary - Sobchik)** . **The Modified Version Of The Interpersonal** Diagnosis Of Interpersonal Relationships (T. Leary - Sobchik) Is Very Convenient For Studying The Structure Of Interpersonal And Internal Conflicts. The Modified Version Of The Methodology Has A Special Answer Sheet,

On Which The Numbers From 1 To 128 Are Arranged In Such A Way That The Calculation Of Points For Each Octant Is Almost Automated.

According To The Questionnaire Items, When Self-Assessing, The Test Taker Should Cross Out The Corresponding Number On The Answer Sheet If He Considers The Relevant Characteristic To Be Typical For Him , And If He Thinks It Is Not Suitable , He Should Leave The Number Untouched.

**List of used literature:**

1. Никифорова Г. С. Диагностика здоровья. Психологический практикум / СПб.: Речь, 2007.
2. Аминов Н.А., Морозова Н.А., Смятских А.Л. Психодиагностика специальных способностей социальных работников // Социальная работа и проблемы подготовки кадров. М., 1992.
3. Духновский В. Диагностика межличностных отношений СПб.: Речь, 2010.



**WOC**  
WORLD  
ONLINE  
CONFERENCES